



**STEP  
TOGETHER**

**Help one.  
Protect many.**

**You can help.**

**STEP  
TOGETHER**

For confidential, independent support:

**Call 1800 875 204 or visit  
STEPTOGETHER.COM.AU**

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**Help people you know avoid  
the path to violent extremism.**

**Call 1800 875 204 or visit  
STEPTOGETHER.COM.AU**



**Violent extremism is a problem that affects us all and can come from any section of society – regardless of race, religion or political beliefs.**

**It can be scary to think that someone you know could become involved in violent extremism, but the contributing social factors are surprisingly common: withdrawal, isolation and loneliness.**

**It is when these feelings become intense and combine with deep political, ideological or religious interest that the risk of involvement in violent extremism becomes greater.**

#### **You can help.**

Just by being there for someone, showing that you care and listening without judgement, you may be able to help someone you care about to meet their needs in a safer way.

By helping someone you care about, you can stop these feelings from growing into violent behaviour and protect your community from possible harm.

#### **How Step Together can help**

**Step Together** is a helpline and online service that aims to ‘help the helpers’ - people who know someone that may be headed down the path to violent extremism.

Call us on **1800 875 204** or visit **[stepttogether.com.au](https://stepttogether.com.au)**